

OPEN HOUSE

FIND BLISS IN THE BERKSHIRES ALL WEEKEND , PRACTICE MINDFULNESS , CULTIVATE HAPPINESS , REST & REJUVENATE

Manual Manual - 11

September 19-21, 2014 Sunday International Day of Peace Ceremony Friday 7:30 pm–9 pm Saturday 7:30 am– 10 pm Sunday 7:30 am –1:45 pm

(Lenox, MA) The fondly remembered and fashionable Eastover Estate opens its doors in a Preview, Sept. 19-21, as the Berkshire's newest go-to destination for holistic, group and personal retreats. Eastover is earmarking 100% of event donations to Pursuit of Happiness, (POH), a non-profit collaborative of educators, scientists and web professionals at the forefront of the Educating the Heart global movement.

The new Eastover Estate and Retreat is offering Open House attendees an opportunity to relax, retreat and explore its historic 600 acres of unspoiled natural beauty and majestic panoramic views. The weekend schedule includes tours of the property, workshops and a vibrant performance by Steven Michael Pague and the Winged Heart Band. The century-old property has been painstakingly restored over the last four years, ensuring the property's peacefulness, tranquility and history were vigilantly protected.

Attendance is by optional donation (\$20 suggested) and for individual contributions of \$250 or more guests receives a complimentary two-night stay during the event. Visit Eastover.com for details. "This will be a unique gathering to better understand, achieve and celebrate happiness," said POH Founder Mark Setton.

GREAT SPEAKERS AND THOUGHT LEADERS ALL WEEKEND LONG





Andrew Vidich

Mark Setton



Steven Michael Pague



Paul Desan



Gathar Rinpoche